

TERMINOLOGY GUIDE

WHITE TO YELLOW BELT	YELLOW TO ORANGE 1	ORANGE TO ORANGE 2	ORANGE 2 TO PURPLE 1
<p>Choon Bee: Ready Stance Char Ryut: Attention Stance Ko Map Sum Ni Da: Thank you Sa Bom Nim: Master Instructor kyo sa nim: Certified Instructor Dobok: Uniform Dee: Belt Do Jang: Training Studio Kee Cho: Basic</p>	<p>Sang Dan Mahk Kee: High Block Dull Ryo Cha Gi: Roundhouse Kick Ahp Cha Gi: Front Snap Kick Ha Dan Mahk Kee: Low Block Yup Mahk Kee: Side Block Phakeso Ahnuro Mahk Kee: Outside to Inside Block Ahneso Phakuro Mahk Kee: Inside to Outside Block Yup Cha Gi: Side Kick Ahp Podo Oll Ri Gi: Front Stretch Kick</p>	<p style="text-align: center;">10 articles of faith</p> <p>(1) Be loyal to your country (2) Be obedient to your parents (3) Be loving between husband and wife (4) Be cooperative between brothers (5) Be faithful between friends (6) Be respectful to your elders (7) Be faithful between teacher and student (8) Know the difference between Good and evil (9) Never retreat in battle (10) Always finish what you start</p>	<p>Chun Gul Ja Seh: Front Stance Hu Gul Ja Seh: Back Stance Kee Ma Ja Seh: Horse Stance Tora: Turn Dwee Ro Tora: Turn to the Rear Hyung: Forms Gup: Students Below Black Belt Hu Beh: Junior Member Tang Soo Do: Defense/Strike with the way of the worthy hand</p>
PURPLE 1 TO PURPLE 2	PURPLE 2 TO BLUE 1	BLUE 1 TO BLUE 2	BLUE 2 TO GREEN 1
<p style="text-align: center;">Class Commands</p> <p>Ku Gi Ba Ray: Salute the flags Ba Ro: Return Anjoh: Sit Muk Nyum: Begin Meditation Sabomnim Kay Kyung Ret: Bow to master instructor Kyo Sa Nim Kay Kyung Ret: Bow to certified instructor Sun Beh Nim Kay Kyung Ret: Bow to class senior</p>	<p>E-Dan Ahp Cha Gi: Jump Front Kick E-Dan Yup Cha Gi: Jump Side Kick E-Dan Dull Ryo Cha Gi: Jump Roundhouse Kick E-Dan Dwi Cha Gi: Jump Back Kick E-Dan Dwi Dull Ryo Cha Gi: 360 Jump Back Kick Pak Chi Gi: Headbutt Jang Kwon: Heel of Palm</p>	<p style="text-align: center;">Korean Numbers</p> <p>(1) Hana (2) Dul (3) Set (4) Net (5) Dasot (6) Yosot (7) Ilgop (8) Yodul (9) Ahop (10) Yol</p>	<p>Grandmaster Hwang Kee: Founder of Moo Duk Kwan branch of Tang Soo Do in 9/11/45 and one of the original five Korean kwans to evolve after World War Two and Korea's liberation from Japanese occupation. He would later use the term 'Soo Bahk Do' to describe his art, which is predominantly based on Funakoshi's Okinawan style of karate with some Chinese and Korean influence.</p>
GREEN 1 TO GREEN 2	GREEN 2 TO BROWN 1	BROWN 1 TO BROWN 2	BROWN 2 TO BROWN 3
<p>Yuk Soo: Defense/Punch Yuk Soo Do: Ridgehand Dwi Cha Gi: Back Kick Dwi Dull Ryo Cha Gi: Spin Back Kick Pal Koop Kong Kyuck: Elbow Strike Jang Kwon: Palm Heel Choong Gul Ssang Soo Mahk Kee: Two Fist Middle Block Front Stance Hu Gul Ssang Soo Mahk Kee: Two Fist Side Block Back Stance</p>	<p>Kwan Do: Hammer Fist Soo Do: Knife Hand Myung Chi: Solar Plexus In Chong: Upper Lip Ko Whan: Groin Ha Dan: Low Choong Dan: Middle Sang Dan: High</p>	<p>Yong Gi: Courage Chung Jik: Honesty Kyum Son: Humility Kyong: Wisdom Kim: Effort & Sincerity Pyong Ahn: Well-balanced, Calm, Peacefull Confidence Shin Chook: Tension/Relaxation</p>	<p>Dan Jun: Abdomen Ka Sum: Chest Kwi: Ear Nun: Eye Bahl: Foot Chu Mok: Fist Soo: Hand Tari: Leg</p>
BROWN 3 TO RED 1	RED 1 TO RED 2	RED 2 TO RED 3	CHO DAN BO BELT AND BLACK BELT TEST
<p>Explanation of Korean flag Explanation of U.S. flag</p> <p>Dan: Black Belt Cho-Dan: 1st Degree Black Belt E-Dan: 2nd Degree Black Belt Sam-Dan: 3rd Degree Black Belt</p>	<p>Mu Rup Cha Gi: Knee Strike Choong Dan Soo Do Mahk Kee: Middle Knife Hand Block Ha Dan Soo Do Mahk Kee: Low Knife Hand Block Ssang Soo Sang Dan Mahk Kee: High Two Fist Block Ssang Soo Ha Dan Mahk Kee: Low Two Fist Block Kwan Soo: Spear Hand Tora Choong Dan Kong Kyuck: Reverse Punch</p>	<p>Yup Hu Ri Gi: Side Hook Kick Kyok Pa: Board Breaking Ki Hap: Yell (Spirit Breath) Il Soo Sik Deh Ryun: One Step Sparring Ja Yu Deh Ryun: Free Sparring Shi Sun: Focus of Eyes Yu Jang: From the Heart Kun: Courage and Confidence</p>	<p style="text-align: center;">All Previous Terminology</p> <p>Black Belt Essay: (2 pages due 10 days prior to test)</p> <p style="text-align: center;">Essay Prompt</p> <p>“What becoming a black belt means to me and how Tang Soo Do has changed my life.”</p>