

Hand and Foot Intermediated and Advanced Combinations Intermediate and Advanced Classes

Hand Combinations

1	Ha Dan Mako, Toro Choon Dan Kong Kyuck Sang Dan Makee	Low Block Reverse Punch High Block
2	Choon Dan Kong Kyuck Toro Choon Dan Kong Kyuck Aneso Pakero Makee	Punch Reverse Punch Inside / Outside Block
3	Choon Dan Wheng Jin Kong Kyuck Hu Gul Yup Mako Ssang Soo Ha Dan Makee	Side (Horse-riding) Punch Side Block - Back Stance Low 2 Fist Block - Front Stance
4	Chun Gul Ssang Soo Mako Toro Choon Dan Kong Kyuck Ha Dan Soo Do Makee	2 Fist Middle Block Reverse Punch Low Knife Hand Block
5	Ha Dan Soo Do Mako Toro Kwan Soo Kong Kyung Pakeso Sang Dan Soo Do Makee	Low Knife Hand Block Reverse Spear Hand Attack High Knife Hand Attack
6	Pakeso Anero Mako Toro So Pakeso Anero Mako Ssang Soo Hu Gul Yup Makee	Outside Inside Block Reverse Outside Inside Block 2 Fist Mid-level Block in Back Stance
7	Yuk Soo Kong Kyuck Soo Do Choon Dan Mako San Dan Makee	Knife Hand Block & Reverse Punch Middle Knife Hand Block Back Stance High Block in Front Stance

Kicking Combinations

8	Dwi Cha Go Sang Dan Mako Toro Choon Dan Kong Kyuck Ha Dan Soo Do Makee	Spinning Back Kick High Block Reverse Punch Low knife Hand block
9	Ahp Cha Go Dul Ryo Cha Go Dwi Cha Gi	Front Kick Roundhouse Kick Back Kick
10	Dul Ryo Yup Cha Go Dwi Cha Go Dul Ryo Cha Gi	Turning Side Kick Back Kick Roundhouse Kick
11	Dul Ryo Cha Go E Dan Ahp Cha Go Dwi Cha Gi	Roundhouse Kick Jump Front Kick Back Kick
12	Ahp Cha Go E Dan Yup Cha Go Dwi Cha Gi	Front Kick Jump Side kick Back Kick